

Our Father/Mother in Heaven and Earth

Give me the power of feeling. Give me the strength to counteract attack with love. My force is pure.

Allow me to release old emotions. Give me joy. Release pressure.

Give me strength. Release all restrictions to create positive action and outcome.

Release uncertainty. Create courage.

Harmonise and allow transformation of Divine Will, so that my gifts and talents will come through. Revitalise and re-energise me.

Release the fear of pain for others. Release my feelings of isolation and loneliness. Create compassion and sensitivity.

Help me to respond to life with a feeling of faith and trust.

Release all judgement to allow rejuvenation. Allow opportunities to flourish and flow. Allow fear of direction to go.

Release a shattered feeling. Allow me to find inner peace.

My inner voice will know and challenges will create new endeavours.

Energy will come and tiredness will go.

I will understand all tests of spirituality, allow transformation and become whole. I will remain grounded through the changes.

Fear will be released and I will be filled with energy as I bring in Divine blue light and release all pain.

I have psychic talents and no suppression. I feel freedom of feeling. I feel no pain or isolation, only oneness and unconditional love for all.

Let my creative energies flow. I bring through Divine Will. I will become the philosopher, do-er, healer, the magician and the master of self.

I respond to my higher and future self.

I now transcend.

I see and become clear.

I am the Light.

KODOISH, KODOISH, KODOISH, ADONAI, TSEBAYOTH / SABAYOTH