

## **Week 1**

### WHAT IS NUMEROLOGY?

(credit to Lyn Birkbeck)

#### NUMEROLOGY is Not ...

- ... about defining people in fixed and unchanging ways
- ... simply a method of character or personality analysis
- ... a way to judge yourself superior or others inferior
- ... solely a means of predicting the future
- ... best done by computer or app
- ... a way to spot what the illuminati are up to
- ... simply Angel Numbers
- ... highly mathematical or complicated

#### NUMEROLOGY IS ...

- ... a method whereby we can recognise our divinity and connection
- ... a key to freedom, empowerment and healing
- ... a way to be authentic, real and aligned to our purpose
- ... a way to understand our uniqueness
- ... an aspect of 'as above, so below'
- ... a cosmic clock
- ... practical and useful in everyday situations
- ... a route to self-knowledge, self-awareness and self-control
- ... as old as the hills
- ... a work in progress
- ... a bridge to other psychic and mystic disciplines
- ... international and cross cultural

## SOME FUNDAMENTALS

Maths and arithmetic are the study of the QUANTITY of numbers

Numerology is the study of the QUALITY of numbers

Wherever there is a number there is an energy, a colour, a shape, pattern, Tarot card, planet, sound, etc etc

A number always shows us:

What's going on ?

What's **really** going on ?

## NOTE

Where there is 'zero' or a 'nought' in the birthday, there is a magnification of the number it is attached to, and therefore of that energy.

i.e.  $10 = 1+0$  - The number **one** is magnified by the 0. In numerology the 0 (zero) is called the "Lens".

## THE LIFE PATH NUMBER (DESTINY NUMBER or FIRST ROAD)

The main energy that you must harmonise with to move your life in a good direction.

Calculation: Using the Date of Birth

DD+MM+YYYY

**NOT every single number added up individually (e.g. D+D+M+M+Y+Y+Y+Y)**

<b>28th October 1972</b>	<b>14th June 1946</b>	<b>11th April 1966</b>
<b>28+10+1972 = 2010</b>	<b>14+6+1946 = 1966</b>	<b>11+4+1966 = 1981</b>
<b>2 + 0 + 1 + 0 = 3</b>	<b>1 + 9 + 6 + 6 = 22</b>	<b>1 + 9 + 8 + 1 = 19</b>
		<b>1+9 = 10</b>
		<b>1 + 0 = 1</b>

Above you will see that the number 22 is not added to make 4.

**This is because in this system of Numerology we keep specific two digit numbers as they are - these are the number 22 and the number 11 only.**

So the only possible answers are 1, 2, 3, 4, 5, 6, 7, 8, 9, 11, 22

All other two digit numbers must be added together until they are one of the above numbers.

## **TRAITS OF NUMBERS**

**1.**

I am.

Individuality, independence, innovation. To be concerned first with oneself. May not like advice, but must learn to listen to others. Must work to obtain, and then keep, independence.

In relationships must never sacrifice that independence, for that is the fastest way to kill the relationship.

Good leader. Hates being bossed about. Must run own business. Direct and to the point person.

### Potential negatives

Wilful, headstrong, impatient, self-absorbed and selfish. Tempted by poor eating habits, seeking speed rather than nutrition.

## **RED RAY - BASE CHAKRA**

**Oracle cards: The Energy of Will Power**

## 2.

I share.

To cooperate, sense rhythm, develop sensitivity, and interact with the natural flow of life. Latent psychic ability shows itself in sensitivity, hesitation and dislike of aggravation.

Male 2's will feel like they have to prove themselves, that they are not wimps. Important to use and work with your sensitivity. Possesses patience, eye for detail, and ability to harmonise and work with others. Can be left alone to get on with things.

### Potential negatives

Fearful, victim mentality, weak and servile.

Can lack initiative and originality. Watch for bullies. They may tend to attract dominant/domineering partners.

## **ORANGE RAY - SACRAL CHAKRA**

**Oracle cards: The Energy of Receptivity**

### 3.

I express.

To be communicative, expressive and optimistic. You will often tend to meet someone disapproving or finding fault with you. You cannot please everyone, learn to accept this.

You should be outgoing and extrovert despite what others say or think. You have a natural style and creativity that under no circumstances should be stifled. Be sociable, outgoing and friendly.

#### Potential negatives

All talk, no action. Led astray by trivia and superficiality. Money problems due to inability to control spending. Must learn to admit when they are wrong (at least to themselves).

### YELLOW RAY - SOLAR PLEXUS

#### **Oracle cards: The Energy of Active Interactions**

#### 4.

I build.

Use of systems, hard work, power through routine, organisation and efficiency. Must learn money management and gain financial security and independence.

#### Potential negatives

Awkward, argumentative, refusing to learn from mistakes. Must learn the difference between determination and stubbornness.

### **GREEN RAY - HEART CHAKRA**

**Oracle cards: Harmony through Conflict**

## 5.

I change.

To embrace change, adaptability, freedom and movement. Vast abilities and talents in a wide variety of subjects. Intelligent and able to master any subject or skill that interests them.

Can be a challenging number. Do not specialise, move on frequently and discover new territory, take new opportunities. Avoid commitment - do not make promises - simply 'see what you can do'.

Seek variety and change. Must have a driving licence. Beware of the gremlin of 'lateness'. Keep arrangements loose and flexible. Interest shows ability. Follow your interests, however different they appear to others.

### Potential negatives

Irresponsible. Prone to addiction. Directionless, therefore lacking in self-esteem and self-confidence.

## **BLUE RAY - THROAT CHAKRA**

**Oracle cards: From Matter to Mind**

## 6.

I comfort.

To be nurturing and be of service to others, working with healing and compassion.  
Responsible, warm, loving and reliable. Be available to help others but do not interfere.

Mother hen. Family and home orientated.

### Potential negatives

Interfering. Devious in working towards goals. May be tempted to bend/break rules/laws in pursuit of noble causes.

## INDIGO RAY - 3rd EYE CHAKRA

**Oracle cards: Idealism and Devotion**

## 7.

I seek.

Analysis, introspection, philosophy, science and mysticism. Private people, who need to develop their mind to question, analyse and learn. Retain your private time at all costs in a relationship.

Interested in the technical/scientific, mystical and/or Mother Nature. Avoid housework if possible. Collect music/books. Loves water. Can become non-involved and solitary. Strong affinity with the past.

### Potential negatives

Secretive, impractical and divorced from reality. Must guard against clutter and hoarding. Must learn to control their critical nature and accept that their own lack of perfection is what makes them human.

## VIOLET RAY - CROWN CHAKRA

**Oracle cards: Ceremonial Order**

## 8.

I insist.

To develop financial acumen, embracing organisation and structure. Executive and efficient - must stand for quality and professionalism. Things must be done right, no shortcuts. Must be in charge.

Relationships must be built on respect, or they are not worth anything. Shop till you drop. Cannot stand an empty wallet, must have money available.

### Potential negatives

Money mad, and/or obsessed with appearance and status to the exclusion of all else. Aggressive and controlling. Avoid the tendency to find fault with everything and everyone (including self).

## **MAGENTA RAY - SOUL STAR CHAKRA**

### **Oracle cards: Re-Evaluation**

## 9.

I feel.

Philanthropy, developing wisdom, involvement in humanitarian acts. Here to help the rest of mankind. Kindness is strength. The more you give the more you receive. Must learn to throw 'wobblers' as a release. This will make you feel better and help others to realise that you are not a doormat. Need a strong partner or relationship will not work. Must put themselves first, so they can be strong enough to continue to help others.

### Potential negatives

Doormat, allowing others to use and abuse them, financially and emotionally. Lack of boundaries.

## **GOLD RAY - STELLAR GATEWAY CHAKRA**

**Oracle cards: Selflessness in Service**

## **MASTER NUMBER 11.**

I accept.

To ground dreams, visions and insights to practical ends. Capable of spreading the light to others. Powerful and hugely emotional. Must be grounded by someone or something of worth. Psychic, mystic. Must develop self-confidence and self-worth. Great talent in whatever they are drawn to. Must base all work in knowledge - not belief.

Must learn tolerance and practicality. Masters of the Inner World.

### Potential negatives

Fanatical. Extremist. Frustrated. Intolerant. Obsessive. Ungrounded. Delusional.  
Nervous tension needs direction. Alcohol and drugs are to be avoided.

A Master Number, therefore, an 'over-vibration' - an exaggerated form of 2, but also to be interpreted as two 1's.

## **MASTER NUMBER 22.**

I expand.

To take from establishment and create change. Old soul that has been here before. Majority of the time will feel they know best - and often they do! Big thinkers and doers. Here to take the world by the scruff of the neck and make it better for the rest of us. Must first reach financial independence, never fear failure (learn from mistakes), think big, and then act.

Nervous tension. Be determined but never stubborn. Masters of the Outer World. Must have a strong partner who will not put up with any nonsense. They will walk all over a weak partner.

### Potential negatives

Stubbornness and refusal to learn from experience. Repetition of mistakes. Own worst enemy. Can be trapped and stifled by order and routine, must work to transcend it.

A Master Number, therefore, an 'over-vibration' - an exaggerated form of 4, but also to be interpreted as two 2's.