

Week 4

Karmic Debts

When you add up your Destiny number (DD+MM+YYYY) note the 2 digit number that you find before you add it to become a single digit.

These are the numbers to look out for:

19/1 13/4 14/5 16/7

Karmic Debts - Facts and Fiction

A karmic debt is an issue, lesson, problem, challenge or difficulty that keeps coming around again and again.

A karmic debt can be repaid, and thus cleared - it cannot be re-negotiated.

Personal development, learning and growth is the best way to repay a Karmic Debt.

When someone resolves their karmic debt they can become creative and inspirational.

When someone fails to resolve their karmic debt they become profoundly destructive and chaotic.

It is the number 1 that causes all the trouble - All karmically indebted people must stop making everything about them. Karmic debts are incurred as a result of extreme selfishness and are resolved by extreme levels of service.

19/1

They tend to live in the negatives of the 1 and the 9.
Their task is to live in the positives of the 1.

Problems with identity and humanity.

Traits: selfishness, hyper focussing/obsessive, easily dazzled, blows things up out of all proportion.

Resolution: give to others, unselfishly.

Use and misuse of power

13/4

They tend to express the negatives of the 1 and the 3.

Their task is to live the positives of the 4.

Problems with work, discipline and consistency.

Traits: laziness, rebelliousness, resistant to change, seeking short cuts.

Resolution: learn to work within structure and routine.

Right judgement

14/5

They tend to express the negatives of the 1 and the 4.

Their task is to live the positives of the 5.

Problems with temptation, concentration, memory and over-stimulation.

Traits: addiction, rage, intolerance.

Resolution: learn to moderate appetites, go with the flow and become an educator of others.

Life force - kundalini energy

16/7

They tend to express the negatives of the 1 and the 6.

Their task is to live the positives of the 7.

Problems with relationships.

Trait: disconnected from reality, cold and unloving.

Resolution: learn to connect with others genuinely and selflessly.

Use and be used

Possible Difficulties Faced by Each Number

Number	Issue	Possible solution
1	Skin, temper	Start a project
2	Melancholia, allergies, intolerances	Build trust in your intuition
3	Throid, Lack of self-confidence	Write a book/song/poem/journal
4	Seizing up. Resistance.	Establish a routine
5	Exhaustion	Explore new things and places
6	Family and relationships	Co-operate
7	Headaches	Remove time pressure
8	Conflict	Who are you fighting?
9	Victimhood	Give without expectation
11	Hyper-sensitive, depression	Ground yourself
22	Darkness	Recognise your power

*NOTE

Numerology is not to be used as a replacement for professional medical/psychiatric advice.

Natural Affinities

Your greatest strength can be your greatest weakness.....

1	Starting things
2	Doubting
3	Talking
4	Working within rules
5	Causing trouble
6	Looking after the weak
7	Asking questions
8	Taking charge
9	Seeing the bigger picture
11	Theory / ideals
22	Manifesting

RECAP

Numbers are energy

Numbers link to colours and are associated with Tarot cards and the elements (see page 15).

Each number has a deeper motivation and works on a principle (see page 15 and page 19).

The Destiny number is the real you (this is also called the Life Path, or the First Road).

The 1st letter in your first name is how you appear to others But appearances can become real

The Personal Year is your individual weather forecast

The Karmic Debt numbers help us to understand why some clients' lives are so chaotic and /or challenging. They also show us how some clients are so creative and inspirational!

Most important tip: Double check your calculations. If you are unable to work out a chart it can be because :

- a. The person hasn't given you their permission.
- b. The person has given their permission, but the timing isn't right for them or they are in fear. Check the client is grounded and feels safe.
- c. You are not grounded enough to read the chart correctly - check yourself, start again, if you still cannot read the chart - STOP

Know thyself

This is the oldest spiritual truth.

There is a direct correlation between how well you know yourself and your ability to help other people.

Knowing yourself = alignment = good energy

Knowing yourself involves recognising how most of our problems originate, and can be made worse or better by us - not external circumstances.